



June



☒ Sign-up required + Additional Fee required

*Find us ONLINE at:

www.burbankca.gov/adults55

Special Summer Social Media Series entitled "Mastering Social Media"

Will include *three* 90-minute workshops:

The workshops are scheduled for the following Wednesdays in June.

The first workshop is "Introducing Social Media" at 3:30 pm, **Wednesday, June 7.**

The second workshop is "Understanding Social Media" at 3:30 pm, **Wednesday, June 21.**

The final workshop will discuss "Activating Social Media" at 3:30 pm, **Wednesday, June 28.**

Make sure to mark your calendar for this very special "Social Media Series". ☒

Just Right Community Programs, Inc.

"How to Hire Home Care Workers"

Wednesday, June 14, 2017 at 1:00 pm. You will learn where to look for help, when it is time to interview and how to hire a caregiver. You will also receive a "How-to-Hire Resources Guide" which will be provided by Just Rite Community Programs, Inc. ☒



Coin Appraisals

Saturday, June 17, 2017 from 12:30-3:00 pm.

The Burbank Coin Group will offer verbal appraisals of coins and currency (limit 10 per party), regarding their condition, mintage and value on a first-come first-served basis. Fee is \$2 (free with BSAC). ☒



Adventures with Doug

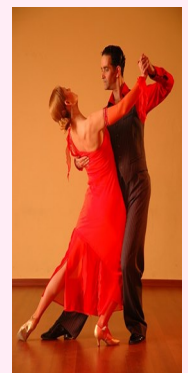
Wednesday, June 21, 2017 at 1:00 pm. Join Doug as he takes us along on an adventure that happens only every 10-20 years in the "Anza Borrego" desert of Southern California-which has occurred only within the last few weeks. We will explore this vast and remarkable area, and marvel at the amazing "Anza Borrego Superbloom".
(Free with BSAC). ☒



Dance Now Dance Show

Monday, June 26, 2017 at 1:00 pm.

The "Dance Now" formation team consists of four retired (but young at heart) couples who have danced and performed together for seven years, promoting a healthy, active life-style through "dance". ☒



SCAN Education-Community Class

Thursday, June 29, 2017 at 10:30 am. Join our local health care representative from SCAN Health Plan as they support SCAN's mission of "...keeping seniors healthy and independent". This presentation will look at Healthy Eating on a Budget. Guidelines and useful tips will be offered on how to shop and prepare simple meals. ☒

1	THU	7:00	pm	Women and Changes Support Group <input checked="" type="checkbox"/>	1st & 3rd Thurs
2	FRI	10:00	am	Braille Low Vision Rehabilitation Van <input checked="" type="checkbox"/>	Varies Monthly
		1:00	pm	Greeting Card Class +	1st Friday
3	SAT	10:00	am	Horseshoe Tournament <input checked="" type="checkbox"/> +	1st Saturday
4	SUN	12:30	pm	Matinee Dance with Biba +	Every Sunday
5	MON	9.30	am	NO Keystone Group	1st & 3rd Mon
6	TUE	9:00	am	Blood Pressure Check	1st Tues
		12:45	pm	House Committee Meeting	1st Tues
		4:00	pm	Simple Wills/Financial Power of Atty. C. Johnson <input checked="" type="checkbox"/>	1st Tues
7	WED	9:30	am	Memory class presented by "Tutor Doctor"	1st & 3rd Wed
		10:00	am	HICAP Medicare Counseling <input checked="" type="checkbox"/>	1st & 2nd Wed
		3:30	pm	Summer Social Media Series "Introducing Social Media" <input checked="" type="checkbox"/>	Special-Class 1
		6:00	pm	NO Burbank Coin Group Meeting	1st Wed
8	THU	9:00	am	Bet Tzedek Legal Services <input checked="" type="checkbox"/>	2nd Thu
		11:00	am	Thursday Book Group-this month's selection: "Bookman's Tale" by Charlie Lovette	2nd Thu
		6:00	pm	NO Burbank University Women	2nd Thu
9	FRI	9:00	am	Bobbin Winders" Quilting Group-3 day Workshop (Fri-Sun)	2nd & 4th Wkend
		9:30	am	Healthy Cooking/Eating by Regal-Lakeside Medical Group <input checked="" type="checkbox"/>	2nd Fri
		12:30	pm	Life Care Planning-Healthcare Advance Directive <input checked="" type="checkbox"/>	2nd Fri
		7:00	pm	Western Weaver's Square Dance +	2nd and 4th Fri
10	SAT	9:00	am	<i>See our weekly flyer for ongoing Saturday activities</i>	
11	SUN	12:30	pm	Matinee Dance with Biba +	Every Sunday
12	MON	9:45	am	NO Mineral & Vitamins Class (Back in Sept. as a quarterly lecture)	
		10:00	am	Retired Public Employees(RPEA) Board Meeting	2nd Mon (bi-mo.)
		1:00	pm	NO Larry Gillespie and the Burbank Big Band rehearsal	2nd Mon
		2:15	pm	Joslyn Afternoon Reader Group <input checked="" type="checkbox"/>	2nd Mon
13	TUE			<i>See our weekly flyer for ongoing Tuesday activities</i>	
14	WED	10:00	am	HICAP Medicare Counseling <input checked="" type="checkbox"/>	1st & 2nd Wed
		12:30	pm	Warner Bros. Board Meeting	2nd Wed
		1:00	pm	Just Right "How to Hire Home Care Worker" <input checked="" type="checkbox"/>	Special
		6:00	pm	LARC Pistol & Rifle Group Meeting	2nd Wed

15	THU	7:00	pm	Ballroom Theme Dance-"Some-Some Summertime" ft. Jon Destry +	Every Thurs
16	FRI			See our weekly flyer for ongoing Friday activities	
17	SAT	12:30	pm	Coin Appraisals	Annual Special
18	SUN	12:30	pm	Matinee Dance with Biba +	Every Sunday
19	MON	11:00	am	Keystone Group	1st & 3rd Mon
20	TUES	1:00	pm	Red Hat Society ☑	3rd Tue
		1:00	pm	Men's Group-Pool Room	3rd Tue
21	WED	9:30	am	Memory class presented by "Tutor Doctor"	1st & 3rd Wed
		9:30	am	Notary Services ☑+	3rd Wed
		1:00	pm	Adventures with Doug: "Anza Borrego Superboom!" ☑	Special
		3:30	pm	Summer Social Media Series "Understanding Social Media" ☑	Special Class 2
		7:00	pm	Women & Changes-Support Group ☑	1st & 3rd
22	THU			See our weekly flyer for ongoing Thursday activities	4th Thurs
23	FRI	9:00	am	Bobbin Winders" Quilting Group-3 day Workshop (Fri-Sun)	2nd & 4th Wkend
		10:00	am	Valley Porcelain Artist	4th Fri
		7:00	pm	Western Weaver's Square Dance +	2nd & 4th Fri
24	SAT			See our weekly flyer for ongoing Saturday activities	
25	SUN	12:30	pm	Matinee Dance with Biba +	Every Sunday
26	MON	1:00	pm	Dance Now Dance Show ☑	Special
27	TUE	9:00	am	Opera Group-Video	4th Tue
28	WED	9:00	am	Hearing Screening & CTAP ☑	4th Wed
		11:30	am	Tom McNett Lockheed Retirement Group	Last Wed
		1:00	pm	Senior Board Meeting	4th Wed
		3:30	pm	Summer Social Media Series: "Activating Social Media" ☑	Special-Class 3
29	THU	10:30	am	Scan Education-Community Classes (Nutrition Area) ☑	Special
30	FRI	9:00	am	T-Shirt Painting Class +	Last Friday

Trips Travel and Tours

Summer Day Trip Registration:—for July through September 2017 Season—will be held **on Monday, June 12, at 9:00 am.**

Please Note: Priority numbers will be given out beginning at 8:00 am. Trips leave **from** the Joslyn Adult Center.
For more information, pick up a brochure or contact the Joslyn Travel Office.

Notice: Online registration for Joslyn day trips will be available beginning Monday, June 19—
@ <https://www.burbankparks.com>

Special Computer Classes

Basic Computer/Microsoft Word Class—Tuesday, (June 6, 2017): Learn the basics of Microsoft Word in this 4-week class. To sign up, you must complete an Assessment in the Computer Lab on any **Monday, 9:30-11:00 am**. Course fee is \$20 (\$10 with BSAC). ☑+

iPad Workshop —Thursdays, 9:30am: Need help with your Apple iPad? Learn the basics of the iPad in a 4-week course or simply drop-in to ask a question. Prior to setting up a 4-week course, you must complete an Assessment in the Computer Lab on any **Thursday, 9:30am-11:00am** and bring your own fully-charged device to class. Course fee is \$20 (\$10 with BSAC). ☑+



Tech-Time—Need computer help? New to Facebook? Maybe you received a new gadget (phone, iPad, digital camera, etc.) and you need help operating or programming it? **Call us** to set up a **one-hour appointment** with someone who can help! Session fee is \$5 (\$2 with BSAC card). ☑+

Upcoming Events and Special Lectures in July

Healthy Aging and Well-Being Series 2017

Wednesday, July 12, 2017 at 3:00 pm. Join Dr. Haydeh Fakhrabadi, a licensed Psychologist, as she discusses: “Resiliency and Aging”. Mark your calendar to attend this very interesting topic. ☑

Health Talks with Regal/Lakeside Medical

Wednesday, July 19, 2017 at 1:00 pm. Join Cardiologist, Doctor Shenkman of Regal/Lakeside Medical as she offers a presentation entitled “Healthy Eating and A Plant Based Diet”. Mark your calendar to be sure not to miss this interesting discussion. ☑

Meet the Reference Librarian from Buena Vista Library at the Joslyn Adult Center!

Wednesday, July 26 2017 at 1:00 pm. Join our Reference Librarian, from Buena Vista Library. Topics of discussion will include all the services and programs offered at the library. They will also *make library cards!* ☑

The Golden Age of American Popular Music series presents: “Bob and Saul’s 4th of July Salute”

Monday, July 31, 2017 at 1:00 pm. This is a very expressive Side show with live narration, live piano and accompanying slide show. Plan to Listen, Learn, Laugh, Sing-A-long and even Dance. ☑

A Summer Luau Dinner and Dance

Monday, July 31, 2017 from 5:00 pm-7:00 pm. Sign- up for this special July evening of dinner and dance hosted by HealthCare Partners.

Please RSVP by Thursday, July 27, 2017.

We are looking forward to dance, dinner and fun!

This is an event for 2017 BSAC CARD HOLDERS ONLY! ☑



Special Thanks to BVP Volunteers - Mother and daughter Shashikala Nayak (mom) and Archini Nayak (middle school student) for their assistance in creating this new format for this monthly calendar!